

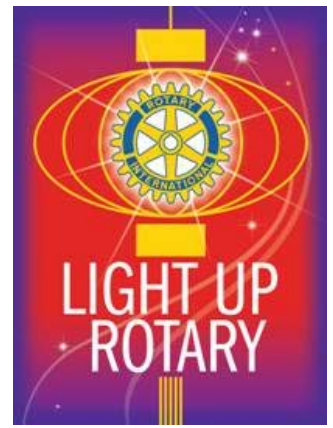


The Rotary Club of Whangarei

(Chartered 1925)

District 9910

Chronicle for 3 Sep 2014



Int President Ron Burton

President - Peter Mulhare, President Elect & Secretary- Gail Taylor, , Treasurer - Peter Bayne, Chronicle - Andrew Bax, Community – Andrew Bax, International - Roger Barber, Programme –Rex Morris, Almoner - George Wilson, Historian - Lloyd Morris, Website - Andrew Bax, Board Member – Bill Rossiter, Board Member – Frank Geddes, District Governor – Phil Ashton, Assistant Governor – Peter Smith

President Gail welcomed members and guest Chris Barber to the meeting

Apologies: Bill & Alison, Rae, Jack & Barbara Lucy, Mike

One Minute Notices :

Gail & Andrew presented the Cup at the Mahurangi Assembly last Tuesday. The School was very welcoming and thanked us for presenting the cup.

We collected for daffodil day last Friday- Thanks for the help

Chris mentioned that the 4 Whangarei Rotary Club have an interclub challenge and the winner arranges the next challenge. South will be running a Bowls competition, watch this space.

We received a letter from Racheal Cox requesting help to go to Outward Bound (See letter below) This is an impressive resume and Chris moved that we help her with \$1000, either from Sunshine or McCoy Trust, We will discuss at Directors meeting next week.

Duty Roster (a.m – 11:30 for noon, p.m. – 5:30 for 6:00pm)			
Lunch first, dinner second – 1st Wed lunch 2nd dinner etc			
Notify Club of apologies – 4387429 (by Tuesday)			
Duties	10 Sep (pm)	10 Sep (am)	Hospital
Speaker	Shane Reti Don Nightingale	Lunch Forum	Gail
Host	Bill & Alison	None	
Thanks	Bill & Alison	None	
Reception	Everyone	Everyone	
Parting Thought	Bill & Alison	Mike	

Rachelle Cox
1051 Cove Road
Waipu, Northland 0582

31 August 2014

The Rotary Club of Whangarei
PO Box 354
Whangarei 0140

Hi, my name is Rachelle Cox. I am a 21 year old 4th year medical student currently studying towards a Bachelor of Medicine and Bachelor of Surgery at the University of Auckland. I grew up in Waipu, attending Waipu Primary and Bream Bay College where I was Head Girl in 2010. I have been involved with the Waipu Cove Surf Lifesaving Club and played for Waipu Netball Club for many years. I competed in the Rotary Debating competition when I was at school. I moved to Auckland to study, but definitely want to return and work as a rural doctor once I graduate.

I am passionate about rural health and reducing the health inequalities within New Zealand. I am the 2014 President of the University of Auckland's Rural Health organisation, Grassroots. Our aim is to improve the shortage of health professionals working rurally. One way we do this is by encouraging students from rural areas like Northland to consider a career in health, by visiting schools like Dargaville and Tikipunga High Schools to run fun interactive workshops and talk about university. I am lucky to have been selected for a highly competitive placement at Whangarei Hospital next year, and am looking forward to getting back to my Northland roots.

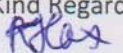
I have recently enrolled in an Outward Bound course and am seeking funding support. I would really appreciate the help of the Rotary Club of Whangarei if possible. I am attending the Classic Outward Bound course, running from the 2nd – 22nd of December. I have dreamed of doing an Outward Bound course since I was at school, and this summer is the only window of opportunity left for me to attend before I start working long hours at the hospital. This course is all about pushing limits and making you realise "there is always more in you", involving 21 action packed days of tramping, kayaking, rock climbing and sailing. I have never done anything like this before, and think it will be an amazing experience.

Entering medicine straight from school means that I will be a doctor by the time I am 23 – this is both an exciting and terrifying thought! As a doctor I will have to deal with many challenging situations, with very sick patients and stressed families. I will have huge responsibility, and will often have to make crucial decisions under pressure. I am hoping this course will help me gain the confidence and strength to deal with these difficult situations, and enable me to give the best possible care to my future patients.

Unfortunately the course fees for an Outward Bound course are very expensive (\$3950), and that doesn't include flights there, so I am trying to raise as much money as I possibly can, in a variety of ways. I am running the Whangarei Half Marathon in September, and am asking my friends and family to sponsor me to do this run. I am going to organise a raffle, hold sausage sizzles and sell any unneeded belongings on trademe to help raise funds. I am applying for any one-off jobs I can find, like working at the Auckland Home Show.

I am also approaching business and organisations asking for sponsorship. I would like to ask the Rotary Club of Whangarei to please help my fundraising efforts, by supporting me in any way possible.

I would be more than happy to come and to speak with the club about my experience after I have attended the course. If you have any further questions, please do not hesitate to contact me on rachellexcox@gmail.com or 02102665972. Thank you for your time and consideration. I look forward to hearing from you soon.

Kind Regards,

Rachelle Cox